

Sunday 20 October 2024, 10am The Twenty-First Sunday after Trinity

# The Eucharist



# Blessed are the Weary

Presider Revd Dr Sam Wells

Preacher Revd Angela Sheard

With BSL interpretation by Marie Webb-Stevens

Common Worship

**Community Choir** 

Directed by Jennifer Sterling

Organist Phoebe Tak Man Chow

Setting St Martin's Mass Bednall

#### Welcome

Our welcomers are available to assist with any of the following information. Toilets are available: please ask a welcomer.

**Welcome** whether you are joining us today in our building or online. Our cameras focus on those who are leading our service, but if you are in the building and would like to ensure that you are not caught on camera, please sit outside the pillars on the south of the church (to the right as you enter).

**Welcome** if you are disabled, unwell, have experiences of dementia, physical, sensory or mental health issues, or are neurodivergent. The order of service is online. Large print copies are also available. The hearing loop works best on the south side of the church. Step-free access to church is via the ramp on the north side, and to the Crypt and Hall via lifts in the NW porch and Pavilion.

**Welcome** to babies, children and young people. We understand that young children make noise. If your baby becomes upset during the service, you are welcome to go to the back of church if needed to settle — or to our children's church room. We support breastfeeding in services; we also have a room allocated if preferred. We have a children's church group during the service. A youth group for teenagers meets fortnightly on Sundays at 3.30pm.

**Welcome** to anyone in need of safeguarding. If you would like to reach our safeguarding team, you can email safeguarding@smitf.org.

**Welcome** to all heritages and experiences of race, culture and language. At the Lord's Prayer all are invited to bring the gift of our preferred language to our worship. Our 1.30pm is in Cantonese: our welcomers are happy to help where they can if you are new to English. You are also very welcome if you are LGBTQIA+.

**Welcome** if you are agnostic or are from a faith tradition other than Christianity. Welcome if you are wary of faith. **Welcome** if you're exploring. **Welcome** if you are here to support someone else. If you would like to explore what you believe in a friendly and non-judgemental group, our Being With courses run throughout the year online and in the building. Email beingwith@smitf.org for more details.

You are welcome to share our meal with God. When we come to Holy Communion, we receive bread in the form of a wafer, then wine from a common cup. Non-alcoholic wine and gluten-free wafers are available in the south aisle. If you need to receive in your seat, please let a welcomer know and ministers will come to you. If you do not want to or cannot receive bread or wine for whatever reason you are welcome to let the priest know you would like to receive a simple prayer for blessing, or to stay in your seat. We welcome your ideas and help for us to become a more welcoming community.

#### We are glad you are here.

# The Gathering

Welcome

Poem written and read by Susan Marina Wolfe

The Greeting

The Lord be with you.

#### All And also with you.

We acknowledge God's presence drawing each of us into one body as we gather on site and online.

Visit us Lord, by your Holy Spirit.

All Though in many places, we are united as one body. Though from many backgrounds, we share one hope.

#### Opening Hymn

1 Let us build a house where love can dwell and all can safely live, a place where saints and children tell how hearts learn to forgive. Built of hopes and dreams and visions, rock of faith and vault of grace; here the love of Christ shall end divisions: all are welcome, all are welcome, all are welcome in this place.

2 Let us build a house where hands will reach beyond the wood and stone to heal and strengthen, serve and teach, and live the Word they've known. Here the outcast and the stranger bear the image of God's face; let us bring an end to fear and danger: *Refrain* 

continued...

Let us build a house where all are named, their songs and visions heard and loved and treasured, taught and claimed as words within the Word. Built of tears and cries and laughter, prayers of faith and songs of grace, let this house proclaim from floor to rafter: *all are welcome, all are welcome, all are welcome in this place.* 

Marty Haugen (b. 1950)

#### Please sit or kneel.

#### Confession

3

God has made us to be fragile bearers of love and peace, but we choose power and control, harming ourselves, one another and the earth. We come to God in hope of mercy and healing. Let us rest in God with open hearts and minds, in penitence and faith.

Silence is kept.

You make us perfect in our weakness, but we value only strength. Lord, have mercy.

#### All Lord have mercy.

You put wisdom in our inmost parts, but we choose words without knowledge.

Christ, have mercy.

#### All Christ, have mercy.

You show us that greatness lies in service, but we expect to be served. Lord, have mercy.

#### All Lord, have mercy.

Almighty God, who forgives all who truly repent, have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in life eternal; through Jesus Christ our Lord.

#### All Amen.

Children gather during the Gloria at the north east door to go to Children's Church.

Please stand.



#### Collect

Grant, we beseech you, merciful Lord, to your faithful people pardon and peace, that they may be cleansed from all their sins and serve you with a quiet mind; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and forever.

All Amen.

Please sit.

# The Liturgy of the Word

First Reading Job 38: 1-7, 34-end read by a member of the Disability Advisory Group

Then the Lord answered Job out of the whirlwind: 'Who is this that darkens counsel by words without knowledge? Gird up your loins like a man, I will question you, and you shall declare to me.

'Where were you when I laid the foundation of the earth? Tell me, if you have understanding. Who determined its measurements—surely you know! Or who stretched the line upon it? On what were its bases sunk, or who laid its cornerstone when the morning stars sang together and all the heavenly beings shouted for joy?

'Can you lift up your voice to the clouds, so that a flood of waters may cover you? Can you send forth lightnings, so that they may go and say to you, "Here we are"? Who has put wisdom in the inward parts, or given understanding to the mind? Who has the wisdom to number the clouds? Or who can tilt the waterskins of the heavens, when the dust runs into a mass and the clods cling together?

'Can you hunt the prey for the lion, or satisfy the appetite of the young lions, when they crouch in their dens, or lie in wait in their covert? Who provides for the raven its prey, when its young ones cry to God, and wander about for lack of food?'

Hear the word of the Lord.

#### All Thanks be to God.

#### Second Reading Hebrews 5: 1-10 read by a member of the Disability Advisory Group

Every high priest chosen from among mortals is put in charge of things pertaining to God on their behalf, to offer gifts and sacrifices for sins. He is able to deal gently with the ignorant and wayward, since he himself is subject to weakness; and because of this he must offer sacrifice for his own sins as well as for those of the people. And one does not presume to take this honour, but takes it only when called by God, just as Aaron was.

So also Christ did not glorify himself in becoming a high priest, but was appointed by the one who said to him, 'You are my Son, today I have begotten you'; as he says also in another place, 'You are a priest for ever, according to the order of Melchizedek.'

In the days of his flesh, Jesus offered up prayers and supplications, with loud cries and tears, to the one who was able to save him from death, and he was heard because of his reverent submission. Although he was a Son, he learned obedience through what he suffered; and having been made perfect, he became the source of eternal salvation for all who obey him, having been designated by God a high priest according to the order of Melchizedek.

Hear the word of the Lord.

All Thanks be to God.

Please stand and turn to face the Gospel in the centre aisle.

Gospel Hymn

I heard the voice of Jesus say:
'Come unto me and rest;
lay down, thou weary one, lay down thy head upon my breast':
I came to Jesus as I was,
eeary and worn and sad,
I found in him a resting-place,
and he has made me glad.

I heard the voice of Jesus say:
'Behold, I freely give the living water; thirsty one, stoop down and drink and live':
I came to Jesus, and I drank of that life-giving stream; my thirst was quenched, my soul revived, and now I live in him.

continued after Gospel reading

Gospel Reading Mark 10: 35-45

Hear the Gospel of our Lord Jesus Christ according to Mark.

#### All Glory to you, O Lord.

James and John, the sons of Zebedee, came forward to him and said to him, 'Teacher, we want you to do for us whatever we ask of you.' And he said to them, 'What is it you want me to do for you?' And they said to him, 'Grant us to sit, one at your right hand and one at your left, in your glory.' But Jesus said to them, 'You do not know what you are asking. Are you able to drink the cup that I drink, or be baptised with the baptism that I am baptised with?' They replied, 'We are able.' Then Jesus said to them, 'The cup that I drink you will drink; and with the baptism with which I am baptised, you will be baptised; but to sit at my right hand or at my left is not mine to grant, but it is for those for whom it has been prepared.'

When the ten heard this, they began to be angry with James and John. So Jesus called them and said to them, 'You know that among the Gentiles those whom they recognise as their rulers lord it over them, and their great ones are tyrants over them. But it is not so among you; but whoever wishes to become great among you must be your servant, and whoever wishes to be first among you must be slave of all. For the Son of Man came not to be served but to serve, and to give his life a ransom for many.'

This is the Gospel of the Lord.

All Praise to you, O Christ.

Hymn continued

I heard the voice of Jesus say:
'I am this dark world's light;
look unto me, thy morn shall rise,
and all thy day be bright':
I looked to Jesus, and I found
in him my star, my sun;
and in that light of life I'll walk,
till travelling days are done.

Horatius N. Bonar (1808-1889)

Please sit after the opening prayer.

Sermon Revd Angela Sheard

#### Anthem The Road Home Paulus

Tell me where is the road I can call my own, that I left, that I lost, so long ago? All these years I have wandered, oh when will I know there's a way, there's a road that will lead me home? After wind, after rain, when the dark is done, as I wake from a dream in the gold of day, through the air there's a calling from away, there's a voice I can hear that will lead me home. Rise up, follow me, come away is the call, with love in your heart as the only song; there is no such beauty as where you belong, rise up, follow me, I will lead you home.

Michael Dennis Browne (b. 1940)

Please stand.

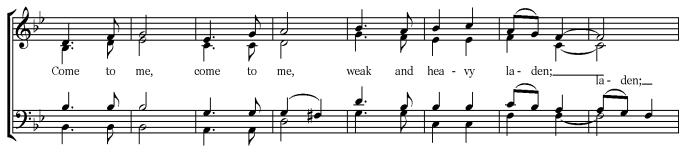
**Apostles'** Creed

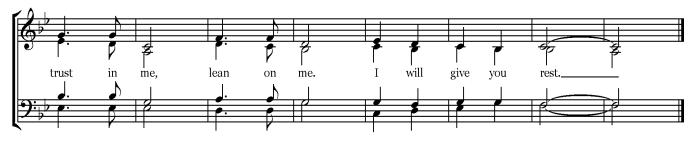
We believe in God, the Father almighty, All creator of heaven and earth. We believe in Jesus Christ, his only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried; he descended to the dead. On the third day he rose again; he ascended into heaven. he is seated at the right hand of the Father, and he will come to judge the living and the dead. We believe in the Holy Spirit, the holy catholic Church, the communion of saints. the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

Please sit or kneel.

Prayers of Intercession led by members of the Disability Advisory Group

Before the prayers, the choir sings the prayer response through once before the congregation joins in.





*And, at the end:* Merciful Father,

All accept these prayers for the sake of your Son, our Saviour Jesus Christ. Amen.

Please stand.

# The Liturgy of the Sacrament

The Peace

*All* **and also with you**.

Let us offer one another a sign of peace.

All may exchange a sign of peace.

A collection will be taken for the work of this church during the following hymn. You are welcome to donate using:

- cash in the collection bags filling in a Gift Aid envelope if applicable

- select amount and tap the card machines brought by the stewards - by texting COLLECTION to 70450 to donate £10 (texts cost £10
- plus one standard rate message).
- by scanning the QR code to the right with your phone



Offertory Hymn

- Be still, my soul: the Lord is on your side; bear patiently the cross of grief and pain; leave to your God to order and provide; in every change he faithful will remain. Be still, my soul: your best, your heavenly friend through thorny ways leads to a joyful end.
- Be still, my soul: your God will undertake to guide the future as he has the past.
  Your hope, your confidence let nothing shake, all now mysterious shall be clear at last.
  Be still, my soul: the waves and winds still know his voice, who ruled them while he dwelt below.
- 3 Be still, my soul: when dearest friends depart and all is darkened in the vale of tears, then you shall better know his love, his heart, who comes to soothe your sorrow, calm your fears. Be still, my soul: for Jesus can repay from his own fullness all he takes away.

A musical interlude may be played on the organ before the final verse is sung

Be still, my soul: the hour is hastening on when we shall be for ever with the Lord, when disappointment, grief and fear are gone, sorrow forgotten, love's pure joy restored.
Be still, my soul: when change and tears are past, all safe and blessed we shall meet at last.

Stille meine Wille; dein Jesus hilft siegen Katherina Amalia Dorothea von Schlegel (b. 1697after 1768) tr. Jane Laurie Borthwick (1813–1897)

#### Preparation of the Table Taking of the Bread and Wine

The table is prepared and bread and wine are received from the congregation and placed upon it. The financial gifts of the people are gathered and presented with the following prayer:

God of glory, you see everything, however small and seemingly insignificant, and give to all in abundance. Receive our offering of our selves, our time, energy, presence, gifts, talents, and money. As we give, gently reveal to us your image in all people. Lead us to imagine a world where all are rejoiced over and embraced.

All Amen.

#### **Eucharistic Prayer**

The Lord be with you

All and also with you.

Lift up your hearts.

All We lift them to the Lord.

Let us give thanks to the Lord our God.

#### All It is right to give thanks and praise.

We lift our voice to the clouds, Lord God of the whirlwind, for you laid the foundation of the earth and set its cornerstone when the morning stars sang together. In Christ you were yourself subject to weakness, and in his trials, he uttered loud cries and tears. In his followers James and John, we hear the words, 'We are able.' Through your Holy Spirit you took your Son from the cup of suffering and the baptism of the cross to the joy of his glorious resurrection. We join the heavenly beings as they shout for joy in praise of your glory.



Transfiguring God, you work through our fragile lives to show forth your glory, and bless your church and world by bringing out the potential of the ordinary and clothing the inhibited with grace. Inspire your people through this meal of transformation. Send your Holy Spirit on this bread and wine, and make them for us the body and blood of your Son Jesus Christ. Who, at supper with his disciples, took bread, gave you thanks, broke the bread, and gave it to them, saying, 'Take, eat: this is my body which is given for you; do this in remembrance of me.' After supper he took the cup. Again he gave you thanks, and gave it to his disciples, saying, 'Drink this, all of you: this is my blood of the new covenant, which is shed for you and for many for the forgiveness of sins. Do this, as often as you drink it, in remembrance of me.'

Great is the mystery of faith:

#### All Christ has died: Christ is risen: Christ will come again.

God of hope, open the hearts and minds of those who stand in the way of change. Amplify the voice of those at the heart of exclusion and make the words of the voiceless echo in the chambers of power. By the power of your Spirit, redesign the world that it might work for all your people, whatever their mental or physical abilities or advantages. Grant all your children the support and means to discern their true purpose, granted by your Spirit, no matter who they are, so that together we may glorify you and do your will. Raise us all in body mind and spirit to join the glory of your Trinity in its dance of love, Father, Son and Holy Spirit, now and forever.

All Amen.

Please sit or kneel.

Lord's Prayer

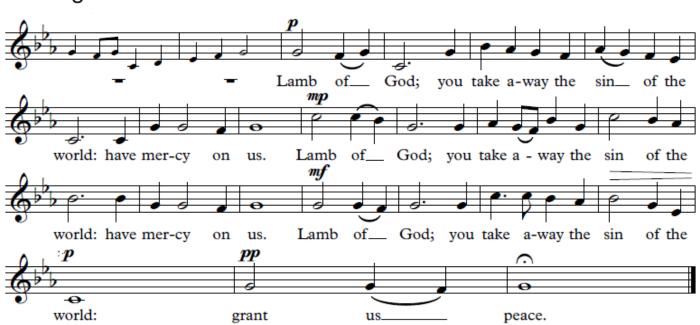
As our Saviour taught us, so we pray, each in our own preferred language.

A// Our Father in heaven, hallowed be your name, your kingdom come, your will be done, on earth as in heaven.
Give us today our daily bread.
Forgive us our sins as we forgive those who sin against us.
Lead us not into temptation but deliver us from evil.
For the kingdom, the power, and the glory are yours now and for ever.
Amen.

Breaking of the Bread

We break this bread,

All The broken body of Christ.



Agnus Dei

#### Giving of Communion

Receive this bread. Give thanks to God, who sees the intrinsic value in each of us. And give thanks for one another.

Communicant members of all Christian Churches are invited to receive Holy Communion. Bread and wine are available in the central aisle and both side aisles. Gluten-free bread and non-alcoholic wine are available in the south aisle upon request from the assistant. If you wish to receive communion in your seat, do let a steward know.

#### Communion Anthem It is well with my soul Bliss arr. Randa Kirshbaum

When peace, like a river, attendeth my way, when sorrows like sea billows roll. Whatever my lot, thou hast taught me to know it is well, it is well with my soul. My sin, oh the bliss of this glorious thought, my sin, not in part but the whole, is nailed to his cross, and I bear it no more, praise the Lord, praise the Lord, oh my soul. And Lord, haste the day when the faith shall be sight, the clouds be rolled back as a scroll, the trump shall resound, and the Lord shall descend, a song in the night, oh my soul. *Horatio G. Spafford (1828-1888)* 

Silence is kept.

#### Prayer after Communion

All Father of all, we thank you that no one is overlooked in your heart or kingdom, but you gather up all to you. May we who share Christ's body and blood live his welcoming and inclusive life, radiate your love, and see everyone as a precious part of your creation. Affirm and strengthen us to be united in you, and keep us faithful in celebrating each person we meet. Amen.

### The Dismissal

Notices

Please stand.

Blessing

The peace of God, which passes all understanding, keep your hearts and minds in the knowledge and love of God, and of God's Son Jesus Christ our Lord; and the blessing of God almighty, the Father, the Son, and the Holy Spirit, be among you and remain with you always.

All Amen.

Thanksgiving Hymn

- 1 Dear Lord and Father of us all, forgive our foolish ways; from wayward paths our minds recall, let purer thoughts our souls enthral, more rev'rent lips sing praise.
- 2 In simple trust like theirs who heard beside the Syrian sea, the gracious calling of the Lord, let us, like them, without a word, rise up and follow thee.
- 3 Drop thy still dews of quietness, till all our strivings cease; take from our souls the strain and stress, and let our ordered lives confess the beauty of thy peace.
- 4 Breathe through the heats of our desire thy coolness and thy balm; let sense be dumb, let flesh retire; speak through the earthquake, wind and fire, O still small voice of calm.

John Greenleaf Whittier (1807–1892)

#### Dismissal

Go in peace to love and serve the Lord.

#### All In the name of Christ. Amen.

#### Blessing Anthem Irish Blessing Bob Chilcott

May the road rise to meet you, may the wind be ever at your back, may the sun shine warm upon your face, and the rain fall soft upon your fields, and until we meet again, may God hold you, ever in the palm of his hand.

Trad.

#### Organ Voluntary Fugue in D minor Reger

#### Prayers for healing are available at the altar rail after the service.

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Parts of this liturgy have been written specially for this service by members of St Martin's Disability Advisory Group, under the guidance of Sam Wells.

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