



Sunday 1 September 2024, 10am  
The Fourteenth Sunday after Trinity

# The Eucharist

Presider  
Revd Dr Sam Wells

Preacher  
Revd Angela Sheard

with the baptisms of  
Noah Eniola Ynez Pearse-Jones  
and Orlando John Sinfield-Moore

The Choir of St Martin-in-the-Fields

Directed by  
Jennifer Sterling

Organist  
Phoebe Tak Man Chow

Mass Setting  
Mass of St Thomas *Thorne*

⊕ Common Worship

## Welcome

Our welcomers are available to assist with any of the following information. Toilets are available: please ask a welcomer.

**Welcome** whether you are joining us today in our building or online. Our cameras focus on those who are leading our service, but if you are in the building and would like to ensure that you are not caught on camera, please sit outside the pillars on the south of the church (to the right as you enter).

**Welcome** if you are disabled, unwell, have experiences of dementia, physical, sensory or mental health issues, or are neurodivergent. The order of service is online. Large print copies are also available. The hearing loop works best on the south side of the church. Step-free access to church is via the ramp on the north side, and to the Crypt and Hall via lifts in the NW porch and Pavilion.

**Welcome** to babies, children and young people. We understand that young children make noise. If your baby becomes upset during the service, you are welcome to go to the back of church if needed to settle — or to our children's church room. We support breastfeeding in services; we also have a room allocated if preferred. We have a children's church group during the service. A youth group for teenagers meets fortnightly on Sundays at 3.30pm.

**Welcome** to anyone in need of safeguarding. If you would like to reach our safeguarding team, you can email [safeguarding@smitf.org](mailto:safeguarding@smitf.org).

**Welcome** to all heritages and experiences of race, culture and language. At the Lord's Prayer all are invited to bring the gift of our preferred language to our worship. Our 1.30pm is in Cantonese: our welcomers are happy to help where they can if you are new to English. You are also very welcome if you are LGBTQIA+.

**Welcome** if you are agnostic or are from a faith tradition other than Christianity. Welcome if you are wary of faith. **Welcome** if you're exploring. **Welcome** if you are here to support someone else. If you would like to explore what you believe in a friendly and non-judgemental group, our Being With courses run throughout the year online and in the building. Email [being-with@smitf.org](mailto:being-with@smitf.org) for more details.

**You are welcome to share our meal with God.** When we come to Holy Communion, we receive bread in the form of a wafer, then wine from a common cup. Non-alcoholic wine and gluten-free wafers are available in the south aisle. If you need to receive in your seat, please let a welcomer know and ministers will come to you. If you do not want to or cannot receive bread or wine for whatever reason you are welcome to let the priest know you would like to receive a simple prayer for blessing, or to stay in your seat. We welcome your ideas and help for us to become a more welcoming community.

**We are glad you are here.**

# The Gathering

Introit Blessed are the pure in heart *Walford Davies*

Blessed are the pure in heart, for they shall see our God, the secret of the Lord is theirs, their soul is Christ's abode. Still to the lowly soul he doth himself impart, and for his cradle and his throne, chooseth the pure in heart.

*John Keble (1792-1866)*

## Welcome

*Silence is kept.*

## The Greeting

The Lord be with you.

*All* **And also with you.**

*We acknowledge God's presence drawing each of us into one body as we gather on site and online.*

Visit us Lord, by your Holy Spirit.

*All* **Though in many places, we are united as one body.  
Though from many backgrounds, we share one hope.**

## Opening Hymn

**1 'Lift up your hearts!' We lift them, Lord, to thee;  
here at thy feet none other may we see:  
'Lift up your hearts!' E'en so, with one accord,  
we lift them up, we lift them to the Lord.**

**2 Above the level of the former years,  
the mire of sin, the slough of guilty fears,  
the mist of doubt, the blight of love's decay,  
O Lord of light, lift all our hearts to-day.**

**3 Above the swamps of subterfuge and shame,  
the deeds, the thoughts, that honour may not name,  
the halting tongue that dares not tell the whole,  
O Lord of truth, lift every Christian soul.**

**4 Lift every gift that thou thyself hast given:  
low lies the best till lifted up to heaven;  
low lie the bounding heart, the teeming brain,  
till, sent from God, they mount to God again.**

*continued...*

- 5 **Then, as the trumpet-call in after years,  
'Lift up your hearts!' rings pealing in our ears,  
still shall those hearts respond with full accord,  
'We lift them up, we lift them to the Lord.'**

*Henry Montagu Butler (1833-1918)*

*Please sit.*

Introduction Revd Angela Sheard

Baptism is the end of the old life we live for ourselves, and the beginning of the new life we live with God. When Moses led the children of Israel out of Egypt, God parted the sea and led them to freedom. All that held them in slavery was left behind. Christ's death on Good Friday echoes the Israelites' descent into the sea. In raising Jesus from the tomb, the Holy Spirit brings him out of the sea, taking him beyond sin and death. When we are baptised, God brings these stories to life in us. God takes away the power of all that oppresses us, and we are born again in the Spirit. We are made members of Christ's body, that we may share his sufferings and inherit his glory. We begin a life of service, to God, one another and the good creation. We join a new family, everlasting and universal: the communion of saints.

Prayer

- All* **Father God, in your love you have called us to know you, led us to trust you, and bound our life with yours. Surround us with your love; protect us from evil; fill us with your Holy Spirit; and restore us in the family of your Church; that we may walk in the way of Christ and grow in the knowledge of your love. Amen.**

*The parents and godparents gather at the legillum.*

Presentation

Faith is the Holy Spirit's gift to the people of God. Will you, God's people, welcome Noah Eniola Ynez and Orlando John and uphold them in their new lives in Christ?

- All* **With God's help, we will.**

Parents and godparents, will you pray for Noah Eniola Ynez and Orlando John, draw them into the community of faith, help them take their places in the life and worship of the Church, and walk with them in the way of Christ?

*With God's help, we will.*

## Making Our Decision to Follow Christ

*To the parents and godparents*

Baptism means turning from the despair of sin to the hope of Christ. I now ask you three times if you are resolved to turn from death to life.

Do you turn to Christ as Saviour, Lord and Friend?

*I turn to Christ.*

Do you repent of all your sins?

*I repent of all my sins.*

Do you renounce evil?

*I renounce evil.*

*Please stand.*

*The Baptism party goes to the font during the chant. Children and other members of the congregation are invited to join them.*

## Baptism Chant Veni Sancte Spiritus Taizé

Veni, Sancte Spiritus. *Holy Spirit, come to us.* Come, Holy Spirit, from heaven shine forth with your glorious light. Come, Father of the poor, come, generous Spirit, come, light of our hearts.

*Taizé*

## Renewing the Outward Sign of Inward Faith

We thank you, gracious God, for your gifts of water and the Holy Spirit. We thank you that, through the waters of the Red Sea, you led your people out of slavery to freedom in the Promised Land. We thank you that out of death you raised your Son to glorious life. Send your Holy Spirit upon us and upon this water, that as we recall our burial with Christ in baptism, we may share with the saints in his resurrection to new life; that, having been born again of water and the Holy Spirit, we may remain forever in the number of your faithful children; through Jesus Christ our Lord. Amen.

*To the parents and godparents and to the whole congregation*

Now I ask you to make the profession of Christian faith into which we are baptised, and in which we live and grow.

Do you believe and trust in God the Father, source of all being and life, the one for whom we exist?

**All I believe and trust in God the Father.**

Do you believe and trust in God the Son, who took our human nature, died for us and rose again?

**All I believe and trust in God the Son.**

Do you believe and trust in God the Holy Spirit, who gives life to the people of God, and makes Christ known in the world?

**All I believe and trust in God the Holy Spirit.**

This is the faith of the Church.

**All This is our faith. We believe and trust in one God, Father, Son and Holy Spirit.**

Noah Eniola Ynez and Orlando John, for you Jesus Christ came into the world. For you he lived and showed God's love. For you he suffered the darkness of Calvary, and cried at the last, 'It is accomplished'. For you he triumphed over death, and rose to new life. For you he reigns at God's right hand. All this he did to be with you, though you do not know it yet.

## Baptism

Noah Eniola Ynez, I baptise you in the name of the Father, the Son and the Holy Spirit. Amen.

Orlando John, I baptise you in the name of the Father, the Son and the Holy Spirit. Amen.

## Signing

*The minister makes the sign of the cross on the candidates for baptism with holy oil.*

Christ claims you for his own. Receive the sign of the cross.

*The minister invites the parents and godparents to sign the candidates with the cross.*

All the leaders of God's people, prophets, priests and kings, were anointed at the start of their ministry. Jesus also, who was Israel's prophet, priest and king, was baptised by John at the start of his

ministry. This is the start of two new ministries. Noah Eniola Ynez and Orlando John, we anoint you with holy oil, making the sign of the cross, the seal of salvation.

**All Teach us, Lord, to serve you as you deserve; to give, and not to count the cost; to fight, and not to heed the wounds; to toil, and not to seek for rest; to labour, and not to ask for any reward, save that of knowing that we do your will. Amen.**

*A Prayer of St Ignatius Loyola*

## Welcome

There is one Lord, one faith, one baptism: Noah Eniola Ynez and Orlando John, by one Spirit we are all baptised into one body.

**All We welcome you into the Lord's family. We are members together of the body of Christ; we are children of the same heavenly Father; we are inheritors together of the realm of God. We welcome you.**

## Giving of Light

God has delivered from the shadows of night into the realm of glorious day. You have received the light of Christ; walk in this light all the days of your life.

**All Shine as a light in the world to the glory of God the Father.**

*Children gather at the north east door during the following anthem to go to Children's Church.*

Baptism Chant    Veni Sancte Spiritus    Taizé

*Please stand and turn to face the Gospel in the centre aisle.*

## The Liturgy of the Word

Gospel Reading    Mark 7: 1-8, 14-15, 21-23

Hear the Gospel of our Lord Jesus Christ according to Mark.

**All Glory to you, O Lord.**

Now when the Pharisees and some of the scribes who had come from Jerusalem gathered around him, they noticed that some of his disciples were eating with defiled hands, that is, without washing them. (For the Pharisees, and all the Jews, do not eat unless they

thoroughly wash their hands, thus observing the tradition of the elders; and they do not eat anything from the market unless they wash it; and there are also many other traditions that they observe, the washing of cups, pots, and bronze kettles.) So the Pharisees and the scribes asked him, 'Why do your disciples not live according to the tradition of the elders, but eat with defiled hands?' He said to them, 'Isaiah prophesied rightly about you hypocrites, as it is written, "This people honours me with their lips, but their hearts are far from me; in vain do they worship me, teaching human precepts as doctrines." You abandon the commandment of God and hold to human tradition.'

Then he called the crowd again and said to them, 'Listen to me, all of you, and understand: there is nothing outside a person that by going in can defile, but the things that come out are what defile.' For it is from within, from the human heart, that evil intentions come: fornication, theft, murder, adultery, avarice, wickedness, deceit, licentiousness, envy, slander, pride, folly. All these evil things come from within, and they defile a person.'

This is the Gospel of the Lord.

*All* **Praise to you, O Christ.**

*Please sit after the opening prayer.*

Sermon    Revd Angela Sheard

Anthem    View me, Lord    Lloyd

View me, Lord, a work of thine; shall I then lie drown'd in night? Might thy grace in me but shine, I should seem made all of light. Cleanse me, Lord, that I may kneel at thine altar, pure and white; they that once thy mercies feel, gaze no more on earth's delight. Worldly joys, like shadows, fade when the heav'nly light appears; but the cov'nants thou hast made, endless, know nor days, nor years. In thy word, Lord, is my trust, to thy mercies fast I fly; though I am but clay and dust, yet thy grace can light me high.

*Thomas Campion (1567-1620)*

*Please remain seated or kneel.*

Prayers of Intercession    *led by Neil MacGregor*

*The response to the prayers is:*

God of love,

*All* **hear our prayer.**



*And, at the end*  
Merciful Father,  
**All accept these prayers**  
**for the sake of your Son,**  
**our Saviour Jesus Christ.**  
**Amen.**

*Please stand.*

## The Liturgy of the Sacrament

### The Peace

**All** The peace of the Lord be always with you  
**and also with you.**

Let us offer one another a sign of peace.

*All may exchange a sign of peace.*

*A collection will be taken for the work of this church during the following hymn. You are welcome to donate using:*

- cash in the collection bags filling in a Gift Aid envelope if applicable*
- select amount and tap the card machines brought by the stewards*
- by texting COLLECTION to 70450 to donate £10 (texts cost £10 plus one standard rate message).*
- by scanning the QR code to the right with your phone*



### Offertory Hymn

- 1 Dear God, embracing humankind,**  
**forgive our foolish ways;**  
**re-clothe us in our rightful mind;**  
**in purer lives thy service find,**  
***in deeper reverence, praise.***
- 2 In simple trust like theirs who heard,**  
**beside the Syrian sea,**  
**the gracious calling of the Lord,**  
**let us, like them, without a word**  
***rise up and follow thee.***

*continued...*

**3 O Sabbath rest by Galilee!**  
**O calm of hills above,**  
**where Jesus knelt to share with thee**  
**the silence of eternity,**  
*interpreted by love!*

**4 Drop thy still dews of quietness,**  
**till all our strivings cease;**  
**take from our souls the strain and stress,**  
**and let our ordered lives confess**  
*the beauty of thy peace.*

*A musical interlude may be played on the organ before the final verse is sung*

**5 Breathe through the heats of our desire**  
**thy coolness and thy balm;**  
**let sense be dumb, let flesh retire;**  
**speak through the earthquake, wind and fire,**  
*O still small voice of calm!*

*John Greenleaf Whittier (1807–1892)*

## Preparation of the Table Taking of the Bread and Wine

*The table is prepared and bread and wine are received from the congregation and placed upon it. The financial gifts of the people are gathered and presented with the following prayer:*

Yours, Lord, is the greatness, the power, the glory, the splendour, and the majesty; for everything in heaven and on earth is yours.

*All* **All things come from you, and of your own do we give you.**

## Eucharistic Prayer

The Lord be with you  
*All* **and also with you.**

Lift up your hearts.  
*All* **We lift them to the Lord.**

Let us give thanks to the Lord our God.  
*All* **It is right to give thanks and praise.**

We gladly and joyfully thank and praise you, our Lord and God, for you created all things from the overflowing of your goodness and made us your beloved in your covenant of grace. Out of the long winter of our estrangement you called us to arise and come away with you, because the springtime of our salvation was at hand. In fulfilment of your own purpose you gave us birth by your Word of truth, so that we would become the firstfruits of his creatures. In your Son Jesus you set us as a seal upon your heart, and in his cross and resurrection you showed that your love was stronger than death. And so we join our voices with the heavenly throng, singing the hymn of your eternal glory.

Ho-ly, Ho-ly, Ho-ly Lord, God of power and might, Heaven and earth are  
 full of your glo-ry. Ho-san-na, Ho-san-na, Ho-san-na in the high-  
 est. Bles-sed is he who comes in the name of the  
 Lord. Ho-san-na, Ho-san-na, Ho-san-na in the high-est.

Transforming God, you long for us to become holy like you. Through this gathering of reconciliation and word of truth and embodiment of peace you fill us with bread for the journey. In the power of your Holy Spirit, make all who participate in this blessed meal doers of your word, and not hearers only. By your same Spirit, bless this food and drink that they may be for us the body and blood of our Lord Jesus Christ. Who, at supper with his disciples, took bread, gave you thanks, broke the bread, and gave it to them, saying, 'Take, eat: this is my body which is given for you; do this in remembrance of me.' After supper he took the cup. Again he gave you thanks, and gave it to his disciples, saying, 'Drink this, all of you: this is my blood of the new covenant, which is shed for you and for many for the forgiveness of sins. Do this, as often as you drink it, in remembrance of me.'

Great is the mystery of faith.

*All* **Christ has died:  
Christ is risen:  
Christ will come again.**

Gentle God, you call us to be quick to listen and slow to speak. Embolden all who have no one to listen to them, that in their distress, or dismay, or disease they may meet friends, receive justice, and find you. Give wisdom to any who have something to say, that they may speak your words, live your hope, and draw others to your truth. Bless those who struggle with anger, that their frustration may turn to good work, and their sense of deep wrong yield a pursuit of righteousness. Hasten the day when there is no more grief or sorrow, but you are all in all, ever one God, Father, Son, and Holy Spirit.

*All* **Amen.**

*Please sit or kneel.*

Lord's Prayer

As our Saviour taught us, so we pray, each in our own preferred language.

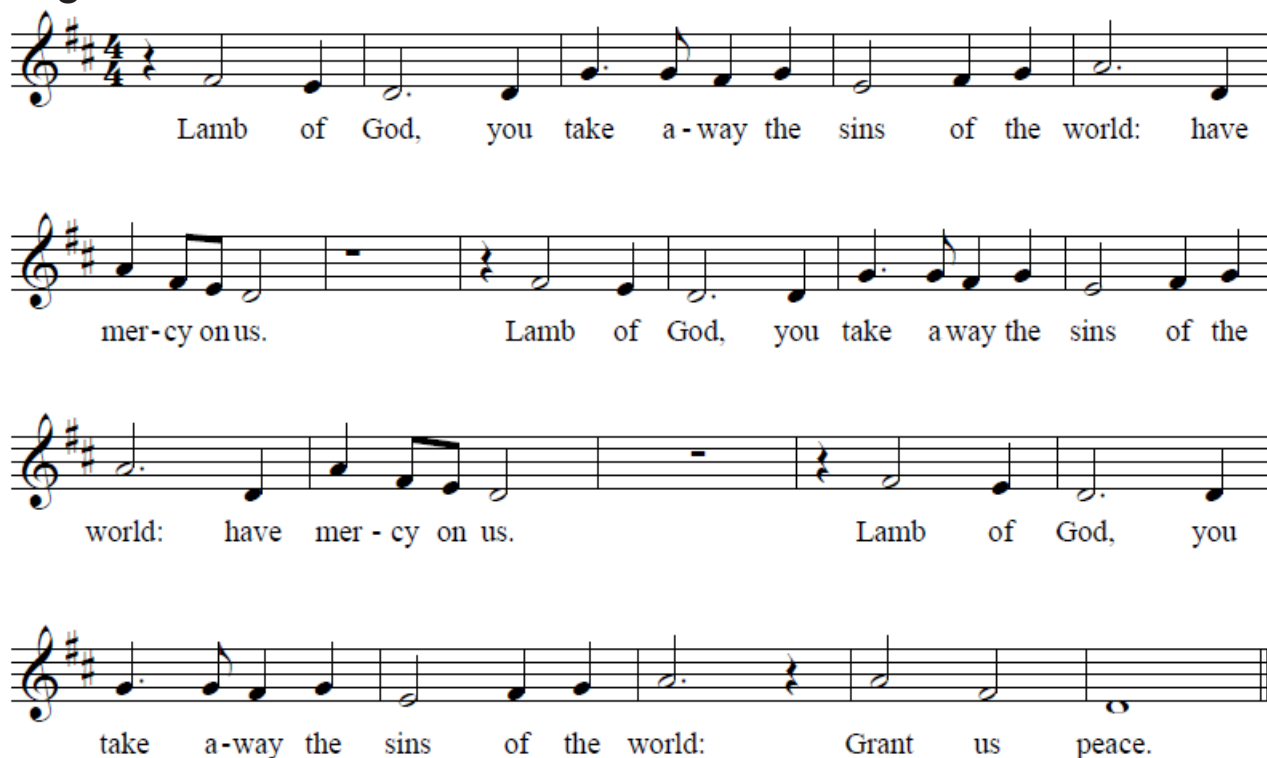
*All* **Our Father in heaven,  
hallowed be your name,  
your kingdom come, your will be done,  
on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins  
as we forgive those who sin against us.  
Lead us not into temptation  
but deliver us from evil.  
For the kingdom, the power,  
and the glory are yours  
now and for ever.  
Amen.**

Breaking of the Bread

We break this bread to share in the body of Christ.

**Though we are many, we are one body, because we all share in one bread.**

## Agnus Dei



Lamb of God, you take a-way the sins of the world: have  
mer-cy on us. Lamb of God, you take away the sins of the  
world: have mer - cy on us. Lamb of God, you  
take a-way the sins of the world: Grant us peace.

## Giving of Communion

Those who eat this bread will never be hungry.

**All Lord, give us this bread always.**

## Communion Anthem Beati quorum via Stanford

Beati quorum via integra est: qui ambulant in lege Domini. *Blessed are those that are undefiled in the way: and walk in the law of the Lord.*

*Psalm 119: 1*

*Silence is kept.*

## Prayer after Communion

**All Father of all, we give you thanks and praise, that when we were still far off you met us in your Son and brought us home. Dying and living, he declared your love, gave us grace, and opened the gate of glory. May we who share Christ's body live his risen life; we who drink his cup bring life to others; we whom the Spirit lights give light to the world. Keep us firm in the hope you have set before us, so we and all your children shall be free, and the whole earth live to praise your name; through Christ our Lord. Amen.**

# The Dismissal

## Notices

*Please stand.*

## Blessing

The peace of God, which passes all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord; and the blessing of God almighty, the Father, the Son, and the Holy Spirit, be among you and remain with you always.

*All* **Amen.**

## Thanksgiving Hymn

- 1 All my hope on God is founded;  
he doth still my trust renew.  
Me through change and chance he guideth,  
only good and only true.  
God unknown,  
he alone  
calls my heart to be his own.**
- 2 Human pride and earthly glory,  
sword and crown betray his trust;  
what with care and toil he buildeth,  
tower and temple, fall to dust.  
But God's power,  
hour by hour,  
is my temple and my tower.**
- 3 God's great goodness aye endureth,  
deep his wisdom, passing thought:  
splendour, light, and life attend him,  
beauty springeth out of naught.  
Evermore,  
from his store  
new-born worlds rise and adore.**

*continued...*

**4 Daily doth th' Almighty giver  
bounteous gifts on us bestow;  
his desire our soul delighteth,  
pleasure leads us where we go.  
Love doth stand  
at his hand;  
joy doth wait on his command.**

**5 Still from earth to God eternal  
sacrifice of praise be done,  
high above all praises praising  
for the gift of Christ his Son.  
Christ doth call  
one and all:  
ye who follow shall not fall.**

*Robert Seymour Bridges (1844-1930) based on Meine Hoffnung stehet feste by Joachim Neander (1650-1680)*

Dismissal

Go in peace to love and serve the Lord.

*All* **In the name of Christ. Amen.**

Organ Voluntary

*Prayers for healing are available at the altar rail after the service.*

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