



Sunday 2 June 2024, 10.00am
The First Sunday after Trinity

The Eucharist

Presider
Revd Dr Sam Wells

Preacher
Revd Richard Carter

Community Choir

Directed by
Jennifer Sterling

Organist
Phoebe Tak Man Chow

Mass Setting
Mass of St Thomas *Thorne*

⊕ Common Worship

Welcome

Our welcomers are available to assist with any of the following access information. Toilet access is available, please ask a welcomer.

Welcome whether you are joining us today in our building or online. Our cameras focus on those who are leading our service, but if you are in the building and would like to ensure that you are not caught on camera, please sit beyond the pillars on the south of the church (to the right as you enter).

Welcome if you are disabled, unwell, have experiences of dementia, physical, sensory, cognitive or mental health issues, or are neurodivergent. The order of service is online or large print copies are available. The hearing loop works best on the south side of the church. Step-free access to church is via the ramp on the north side, and to the Crypt and Hall via lifts in the NW porch and Pavilion.

Welcome to babies, children and young people. We understand that young children make noise. If your baby becomes upset during the service, you are welcome to go to the back of church if needed to settle — or to our children's church room. We support breastfeeding in services; we also have a room allocated if preferred. We have a children's church group during the service and a fortnightly youth group for teenagers on Sundays at 3.30pm

Welcome to anyone with a need of safeguarding. If you would like to reach our safeguarding team, you can email safeguarding@smitf.org

Welcome to all experiences of race, culture and language. At the Lord's Prayer all are invited to bring the gift of our first language to our worship. Our 1.30pm is in Cantonese: our welcomers are happy to help where they can if you are new to English. You are also very welcome if you are LGBTQIA+.

Welcome if you are agnostic or are from a faith tradition different from Christianity.

Welcome if you are wary of faith. **Welcome** if you're exploring. **Welcome** if you are here to support someone else. If you would like to explore what you believe in a friendly and non-judgemental group, our Being With Courses run throughout the year online and in the building. Email being-with@smitf.org for more details.

You are welcome to share our meal with God. When we come to Holy Communion, we receive bread in the form of a wafer, then wine from a common cup. Non-alcoholic wine and gluten-free wafers are available in the south aisle. If you need to receive in your seat please let a welcomer know and the ministers will come to you. If you do not want to or cannot receive bread or wine for whatever reason you are welcome to let the priest know you would like to receive a simple prayer for blessing, or to stay in your seat. We welcome your ideas and help for us to become a more welcoming community.

We are glad you are here.

The Gathering

Introit Day by day *Martin How*

Day by day, dear Lord, of thee three things I pray. To see thee more clearly, love thee more dearly, follow thee more nearly, day by day.

From the Prayer of St Richard of Chichester

Welcome

Silence is kept.

The Greeting

The Lord be with you

All **and also with you.**

We acknowledge God's presence drawing each of us into one body as we gather on site and online.

Visit us Lord, by your Holy Spirit.

All **Though in many places, we are united as one body.
Though from many backgrounds, we share one hope.**

Opening Hymn

- 1 Immortal, invisible, God only wise,
in light inaccessible hid from our eyes,
most blessed, most glorious, the Ancient of Days,
almighty, victorious, thy great name we praise.**
- 2 Unresting, unhasting, and silent as light,
nor wanting, nor wasting, thou rulest in might;
thy justice like mountains high soaring above
thy clouds which are fountains of goodness and love.**
- 3 To all life thou givest, to both great and small;
in all life thou livest, the true life of all;
we blossom and flourish as leaves on the tree,
and wither and perish, but naught changeth thee.**
- 4 Great Father of glory, pure Father of light,
thine angels adore thee, all veiling their sight;
all laud we would render: O help us to see
'tis only the splendour of light hideth thee.**

Walter Chalmers Smith (1824-1908)

Please sit or kneel.

Confession

Let us confess our sins to our merciful God who knows us better than we know ourselves and loves us beyond our deserving or desiring.

Silence.

You bring us the good news of the kingdom, but we refuse to live with the hope that it gives us.

Lord, have mercy.

All **Lord, have mercy.**

You give us a vision of radical hospitality, but we fail to share your abundant grace.

Christ, have mercy.

All **Christ, have mercy.**

You show your love for us, again and again, but we deny your live giving mercy.

Lord, have mercy.

All **Lord, have mercy.**

Almighty God, who forgives all who truly repent, have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in life eternal; through Jesus Christ our Lord.

All **Amen.**

Children gather at the north east door during the Gloria to go to Children's Church.

Please stand.

Gloria in Excelsis

Glo-ry to God, Glo-ry to God, Glo-ry to God in the High - est. Glo-ry to God in the

High - est, and peace to his peo - ple on earth. Lord God, Heav'n - ly King, Al-

migh - ty God and Fa - ther, we wor - ship you, we give you thanks, we_ praise you for your

glo - ry. Glo-ry to God, Glo-ry to God, Glo-ry to God in the High - est.

Lord, Je - sus Christ, on - ly son of the Fa - ther. Lord God,

Lamb of God, you take_ a - way the sin of the world; have mer - cy on us; You are

sea - ted at the right hand of the Fa - ther: re - ceive our prayer. Glo-ry to God,

Glo-ry to God, Glo-ry to God in the High - est. For you a - lone are the Ho - ly one,

You a - lone are the Lord, You a - lone are the most high, Je - sus Christ,

with the Ho - ly spi - rit, in the Glo - ry of God the Fa - ther,

Glo - ry to God, Glo - ry to God, Glo - ry to God in the High - est.

Collect

O God, the strength of all those who put their trust in you, mercifully accept our prayers and, because through the weakness of our mortal nature we can do no good thing without you, grant us the help of your grace, that in the keeping of your commandments we may please you both in will and deed; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever.

All **Amen.**

Please sit.

The Liturgy of the Word

First Reading Deuteronomy 5: 12-15 *read by Sean Curtin*

Observe the sabbath day and keep it holy, as the Lord your God commanded you. For six days you shall labour and do all your work. But the seventh day is a sabbath to the Lord your God; you shall not do any work—you, or your son or your daughter, or your male or female slave, or your ox or your donkey, or any of your livestock, or the resident alien in your towns, so that your male and female slave may rest as well as you. Remember that you were a slave in the land of Egypt, and the Lord your God brought you out from there with a mighty hand and an outstretched arm; therefore the Lord your God commanded you to keep the sabbath day.

Hear the word of the Lord.

All **Thanks be to God.**

Second Reading 2 Corinthians 4: 5-12 *read by Lawrence Warner*

For we do not proclaim ourselves; we proclaim Jesus Christ as Lord and ourselves as your slaves for Jesus' sake. For it is the God who said, 'Let light shine out of darkness', who has shone in our hearts to give the light of the knowledge of the glory of God in the face of Jesus Christ.

But we have this treasure in clay jars, so that it may be made clear that this extraordinary power belongs to God and does not come from us. We are afflicted in every way, but not crushed; perplexed, but not driven to despair; persecuted, but not forsaken; struck down, but not destroyed; always carrying in the body the death of Jesus, so

that the life of Jesus may also be made visible in our bodies. For while we live, we are always being given up to death for Jesus' sake, so that the life of Jesus may be made visible in our mortal flesh. So death is at work in us, but life in you.

Hear the word of the Lord.

All Thanks be to God.

Please stand and turn to face the Gospel in the centre aisle.

Gospel Hymn

**1 I, the Lord of sea and sky,
I have heard my people cry.
All who dwell in dark and sin my hand will save.
I, who made the stars of night,
I, will make their darkness bright.
Who will bear my light to them?
Whom shall I send?
*Here I am, Lord.
Is it I, Lord?
I have heard you calling in the night.
I will go, Lord, if you lead me.
I will hold your people in my heart.***

**2 I, the Lord of snow and rain,
I have borne my people's pain.
I have wept for love of them. They turn away.
I will break their hearts of stone,
give them hearts for love alone.
I will speak my word to them.
Whom shall I send?
*Chorus***

continued after Gospel reading

Gospel Reading Mark 2: 23—3: 6

Hear the Gospel of our Lord Jesus Christ according to Mark.

All Glory to you, O Lord.

One sabbath Jesus was going through the cornfields; and as they made their way his disciples began to pluck heads of grain. The Pharisees said to him, 'Look, why are they doing what is not lawful on the sabbath?' And he said to them, 'Have you never read what David did when he and his companions were hungry and in need of

food? He entered the house of God, when Abiathar was high priest, and ate the bread of the Presence, which it is not lawful for any but the priests to eat, and he gave some to his companions.' Then he said to them, 'The sabbath was made for humankind, and not humankind for the sabbath; so the Son of Man is lord even of the sabbath.'

Again he entered the synagogue, and a man was there who had a withered hand. They watched him to see whether he would cure him on the sabbath, so that they might accuse him. And he said to the man who had the withered hand, 'Come forward.' Then he said to them, 'Is it lawful to do good or to do harm on the sabbath, to save life or to kill?' But they were silent. He looked around at them with anger; he was grieved at their hardness of heart and said to the man, 'Stretch out your hand.' He stretched it out, and his hand was restored. The Pharisees went out and immediately conspired with the Herodians against him, how to destroy him.

This is the Gospel of the Lord.

All **Praise to you, O Christ.**

Hymn *continued*

**3 I, the Lord of wind and flame,
I will tend the poor and lame.
I will set a feast for them. My hand will save.
Finest bread I will provide
till their hearts be satisfied.
I will give my life to them.
Whom shall I send?
*Here I am, Lord.
Is it I, Lord?
I have heard you calling in the night.
I will go, Lord, if you lead me.
I will hold your people in my heart.***

Daniel L. Schutte (b. 1947)

Please sit after the opening prayer.

Sermon Revd Richard Carter

Anthem I'll Fly Away *Brumley*

Some glad morning when this life is o'er I'll fly away to a home on God's celestial shore I'll fly away. *I'll fly away O glory, I'll fly away (in the morning), when I die hallelujah by and by I'll fly away.* When the shadows of this life have grown I'll fly away like a bird from prison bars has flown I'll fly away. *I'll fly away...* Just a few more weary days and then I'll fly away to a land where joys shall never end I'll fly away. *I'll fly away...*

Albert Edward Brumley (1905-1977)

Please stand.

Nicene Creed

All **We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is,
seen and unseen.**

**We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father;
through him all things were made.
For us and for our salvation he came down from heaven,
was incarnate from the Holy Spirit and the Virgin Mary
and was made man.**

**For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.**

**We believe in the Holy Spirit,
the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son is worshipped and glorified,
who has spoken through the prophets.
We believe in one holy catholic and apostolic Church.**

**We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come.
Amen.**

Please sit or kneel.

The Prayers of Intercession *led by Flora Saxby*

The response to the prayers is:

God of love,

All **hear our prayer.**

And, at the end:

Merciful Father,

All **accept these prayers
for the sake of your Son,
our Saviour Jesus Christ.
Amen.**

Please stand.

The Liturgy of the Sacrament

The Peace

The peace of the triune God be always with you.

All **And also with you.**

Let us offer one another a sign of peace.

All may exchange a sign of peace.

A collection will be taken for the work of this church during the following hymn. You are welcome to donate using:

- cash in the collection bags filling in a Gift Aid envelope if applicable*
- select amount and tap the card machines brought by the stewards*
- by texting COLLECTION to 70450 to donate £10 (texts cost £10 plus one standard rate message).*
- by scanning the QR code to the right with your phone*



Offertory Hymn

- 1** There's a wideness in God's mercy
like the wideness of the sea;
there's a kindness in his justice
which is more than liberty.
There is no place where earth's sorrows
are more felt than up in heaven;
there is no place where earth's failings
have such kindly judgement given.
- 2** For the love of God is broader
than the measure of our mind,
and the heart of the Eternal
is most wonderfully kind.
But we make his love too narrow
by false limits of our own;
and we magnify his strictness
with a zeal he would not own.
- 3** There is plentiful redemption
through the blood that has been shed;
there is joy for all the members
in the sorrows of the Head.
There is grace enough for thousands
of new worlds as great as this;
there is room for fresh creations
in that upper home of bliss.

A musical interlude may be played on the organ before the final verse is sung

Second half of tune:

- 4** If our love were but more simple
we should take him at his word;
and our lives would be all gladness
in the joy of Christ our Lord.

Frederick William Faber (1814-1863)

Preparation of the Table

Taking of the Bread and Wine

The table is prepared and bread and wine are received from the congregation and placed upon it. The financial gifts of the people are gathered and presented with the following prayer:

Yours Lord, is the greatness, the power, the glory, the splendour, and the majesty; for everything in heaven and on earth is yours.

All All things come from you, and of your own do we give you.

Eucharistic Prayer

The Lord be with you.

All And also with you.

Lift up your hearts.

All We lift them to the Lord.

Let us give thanks to the Lord our God

All It is right to give thanks and praise.

Covenanting God, you declared your wonders in the heavens but made known your character in calling a people. You shaped your people's life through Elijah, Jeremiah, and the prophets. Then in Jesus you made yourself fully known to us, and in his death and resurrection you healed the past through forgiveness and released the future through the gift of life eternal. In the power of the Spirit you called into being your church, never closer to you than when we gather at this table as we long to gather at your heavenly banquet, with angels and archangels and all the company of heaven, singing the hymn of your unending praise.

Ho - ly, Ho - ly, Ho - ly Lord, God of po - wer and might, Hea - ven and earth are
full of your glo - ry. Ho - san - na, Ho - san - na, Ho - san - na in the high -
est. Bles - sed is he who comes in the name of the
Lord. Ho - san - na, Ho - san - na, Ho - san - na in the high - est.

Revealing God, you came among us in the flesh and blood of Jesus, and you come among us now in the materials of daily sustenance and joyful celebration. Send down your Holy Spirit, that these gifts of friend and neighbour may become your church, and these offerings of bread and wine may be for us the body and blood of your Son Jesus Christ. Who, at supper with his disciples, took bread, gave you thanks, broke the bread, and gave it to them, saying, "Take, eat: this is my body which is given for you; do this in remembrance of me." After supper he took the cup. Again he gave you thanks, and gave it to his disciples, saying, "Drink this, all of you: this is my blood of the new covenant, which is shed for you and for many for the forgiveness of sins. Do this, as often as you drink it, in remembrance of me."

Great is the mystery of faith.

All **Christ has died.
Christ is risen.
Christ will come again.**

Embodied God, you met us in the body and blood of your Son Jesus, and you meet us now in the body and blood we see on this altar. Show us your face and the face of one another in the body and blood of your church, that we, your people, may be taken by you, blessed through you, broken for you, and given for the life of your world. Through this sacrament of thanks and praise, inscribe your church into the life of your Trinity, that we may have the creativity of the Father, the passion of the Son, and the empowerment of your Spirit. Bring us to your presence on the last day, and hasten that time when every tear is dried from every eye, all secrets are transformed to your glory, all oppression is healed by your grace, and you are all in all.

All **Amen.**

Please sit or kneel.

Lord's Prayer

As our Saviour taught us, so we pray, each in our own preferred language.

All **Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.**

Give us today our daily bread.
 Forgive us our sins
 as we forgive those who sin against us.
 Lead us not into temptation
 but deliver us from evil.
 For the kingdom, the power and the glory are yours
 now and for ever. Amen.

Breaking of the Bread

Lord, make your word flesh.

All **And fill us with grace and truth.**

Agnus Dei

Lamb of God, you take a-way the sins of the world: have
 mer-cy on us. Lamb of God, you take a way the sins of the
 world: have mer - cy on us. Lamb of God, you
 take a-way the sins of the world: Grant us peace.

Giving of Communion

The gifts of God for the people of God. Come and share God's heavenly food.

Communicant members of all Christian Churches are invited to receive Holy Communion. Bread and wine are available in the central aisle and both side aisles. When receiving the cup you are welcome to take the chalice, to have the assistant pour the chalice, or to intinct by dipping the bread into the chalice, being careful not to let your fingers touch the wine. Gluten-free bread and non-alcoholic wine are available in the south aisle. If you wish to receive communion in your seat, do let a steward know.

Communion Anthem Gaelic Blessing *John Rutter*

Deep peace of the running wave to you, deep peace of the flowing air to you, deep peace of the quiet earth to you, deep peace of the shining stars to you, deep peace of the gentle night to you, moon and stars pour their healing light on you, deep peace of Christ the light of the world to you, deep peace of Christ to you.

Adapted from a Gaelic rune

Silence is kept.

Prayer after Communion

Eternal Father, we thank you for nourishing us with these heavenly gifts: may our communion strengthen us in faith, build us up in hope, and make us grow in love; for the sake of Jesus Christ our Lord.

All **Amen.**

The Dismissal

Notices

Please stand.

Blessing

The peace of God, which passes all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord; and the blessing of God almighty, the Father, the Son, and the Holy Spirit, be among you and remain with you always.

All **Amen.**

Thanksgiving Hymn

**1 All who would valiant be
'gainst all disaster,
let them in constancy
follow the master.
There's no discouragement
shall make them once relent
their first avowed intent
to be true pilgrims.**

continued...

**2 Who so beset them round
with dismal stories,
do but themselves confound;
their strength the more is.
No foes shall stay their might;
though they with giants fight,
they will make good their right
to be true pilgrims.**

**3 Since, Lord, you will defend
us with your Spirit,
we know we at the end
shall life inherit.
Then fancies flee away!
We'll fear not what they say,
we'll labour night and day
to be true pilgrims.**

John Bunyan (1628-1688)

Dismissal

Go in peace to love and serve the Lord.

All In the name of Christ. Amen.

Organ Voluntary

Prayers for healing are available at the altar rail after the service.

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